

he objective of our Walkfree
Breakfree: Value Walking
Weekend & Short Break
programme is to encourage
and motivate you to get out and enjoy
walking in some of the most exciting and
interesting areas of the UK and Europe.

In these recessionary times we aim to offer excellent value with a package that includes accommodation, guided or independent walks, meals and transport via minibus/mini-coach wherever practical (we arrange pick-ups from Amersham or High Wycombe Stations, close to our base in the Chiltern Hills).

Our group meals are a real treat. Where we have our own facilities, our chef creates memorable dishes and as part of the community spirit we all share the chores. This is great fun and helps create a fantastic social atmosphere.

Making travel via minibuses an integral

component of our core offer promotes green travel and enables us to develop innovative walking itineraries without the constraint of a fixed base. This means we can offer diverse walks suitable for all ages and ability. It also allows us flexibility. If there is a consensus, in the event of truly awful weather we can shorten our walks and enjoy a tour to places of interest. Weather proofing our short breaks to cope with changeable weather – now that is an innovation for UK walking holidays!

We are excited by our well researched 2012 walking programme and hope you are too as it offers some of the very best walks, heritage and culture in our fabulous isles and cost effective opportunities to travel overseas. Our short breaks and holidays allow singles, couples and groups of all kinds the opportunity to enjoy an active group

experience which is sociable, fun, interactive, and memorable. Our group size varies but is usually 16-24 persons, a number that allows us to split up for walks to cater for differing levels and interests. Further information on Walkfree Breakfree and our service style is available on our website.

As a relatively new business that has emerged from a university outdoor background we are determined to retain our ethos of encouraging one and all. We deliver our services in a friendly and highly professional manner with a relaxed, inclusive approach. Consider us akin to a "walking club" without annual fees. Excite your mind and senses - head off with us into the great outdoors with Walkfree Breakfree on a journey through this magical countryside of ours and take home some enduring memories and cherished friendships.

Brecon Beacons - Mountain Highs

(Free places on an introduction to navigation course available)

Number of Nights: 2
Location: Brecon Beacons

Accommodation: Cantref Farm - good quality hostel accommodation - shared rooms but no massive dorms!

Cornwall Rocks - Chocoholic Delights

UK's shortest coast to coast

Number of Nights: 3
Location: Cornwall

Accommodation: Excellent, high quality farmhouse accommodation with double, twin and shared rooms.

Bike it or Walk it!

Number of Nights: 1

Location: Rutland

Accommodation: Travel Lodge/Premier Inn or similar (twin or double rooms).

Ooh la la

It's spring and time to enjoy a short break ϑ hop across the channel à la française

Number of Nights: 4

Location: Côte d'Opale, France – near Montreuil-sur-Mer, only a 45 minute drive from Calais

Accommodation: French Gite, with double, twin and shared rooms.

Lake District & Cumbrian Way

Number of Nights: 2

Location: Lake District - Ulverston

Accommodation: Private Hostel – shared rooms.

Island Magic

A Scottish Escape to the Isles of Mull, Iona & Staffa

Number of Nights: 4

Location: Isle of Mull – Scottish Isles

Accommodation: Private Lodge – shared accommodation.

A Hight Atlas Trek in Morocco

A personal challenge to summit a 4000m Mountain and enjoy a unique mix of Berber and Arab culture

Number of Nights: 6

Location: Kingdom of Morocco – High Atlas and Marrakech

Accommodation: Various - please see itinerary in trip details.

Walks, Apples & Cider in Kent - The Garden of England

Number of Nights: 2

Location: Doddington, Kent

Accommodation: Palace Farm Hostel – shared rooms in this excellent and quality farmhouse independent hostel.

Morocco - Introduction to Trekking

Number of Nights: 6

Location: Morocco

Accommodation: Hotel & Gites.

Wanderlust on the Rhine

A mighty river, walks, vineyards and castles

Number of Nights: 4 **Location:** Boppard, Germany

Accommodation: Hotel – doubles, twins (single supplement).

An English Country House Weekend on the Isle of Wight

Number of Nights: 3

Location: Isle of Wight

Accommodation: Manor House: Double and twin rooms.

Le Festive Hop to Boulogne

Number of Nights: 2

Location: Boulogne

Accommodation: 2 * Hotel – doubles/twins (single supplement).

For more information, check out www.walkfreebreakfree.co.uk.